

When it comes to managing asthma, we've done our homework!



Our FREE ***Putting on AIRS*** asthma program has been shown to reduce asthma symptoms, school absenteeism, and lost days at work!

- ✓ *If your child's asthma is poorly controlled they might qualify for this FREE program!*
- ✓ *A FREE home assessment will identify things that may be triggering attacks or making asthma worse!*
- ✓ *FREE educational and training materials will help you develop a plan to better manage asthma!*

Talk to your child's physician or school nurse about a referral or call the North Central District Health Department at 860-745-0383 to discuss this FREE asthma home assessment program!



North Central District Health Department
31 North Main Street, Enfield, CT 06082
860-745-0383 / www.ncdhd.org



Public Health
Prevent. Promote. Protect.