



# ASTHMA CLINICAL PARTNERS! SHE NEEDS YOUR REFERRAL TO THE AIRS\* HOME-BASED ASTHMA PROGRAM

\*Asthma Indoor Risk Strategies

## CONNECTICUT'S PUTTING ON AIRS ASTHMA PROGRAM

**Hospital EDs! Healthcare Providers! School Nurses!**

Home-based asthma programs are *the most successful interventions* to reduce hospitalizations and ED visits for people with poorly controlled asthma.

- AIRS is a free, home-based asthma educational and environmental program available from participating health departments
- Evidenced-based in English & Spanish
- Asthma Specialist and an Environmental Specialist provide three home visits to children and adults who have poorly controlled asthma\*\*

\*\*As defined by the National Asthma Education & Prevention Program's Expert Panel Report – 3 guidelines.

### REFERRAL CRITERIA FOR POORLY CONTROLLED ASTHMA

Patient must meet one of the following criteria:

- **Asthma Control Score < 20**
- **Hospitalized or ED visit or unscheduled medical visit within the last 6 months**
- **Poor/non adherence to long-term asthma medications i.e., Inhaled Corticosteroids (ICS)**
- **Missed school or work days**

**Make a referral today to your local Putting on AIRS program and help your patient breathe easier by gaining control of their asthma condition!**

- Patient must have an **Asthma Action Plan** from their health care provider
- Patients are followed over a 6-month period and measures of asthma control; adherence to ICS; absenteeism in school or work; and ability to self-manage are collected
- Health care providers receive a written report with recommendations when home visits are completed

Your regional AIRS contact is:

**North Central District Health Department (NCDHD) – 860-745-0383**

For 26 towns covered by NCDHD, the Northeast District Department of Health, and Eastern Highlands Health District

**PLEASE FAX PATIENT REFERRALS TO NCDHD AT 860-745-3188**

Connecticut Department of Public Health

410 Capitol Avenue, Hartford, CT 06134 / [www.ct.gov/dph](http://www.ct.gov/dph)

This program is made possible with funding from the Centers for Disease Control and Prevention

