



## Northeast District Department of Health

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**Public Health**  
Prevent. Promote. Protect.

### ***A MESSAGE FROM THE DIRECTOR OF HEALTH, Fiscal Year 2018***



According to the CT Public Health Code, health departments must ensure the provision of Ten Essential Public Health Services. In Fiscal Year 2018, NDDH was recognized by the CT Department of Public Health for being among only 9% of health departments across the state to have delivered all ten services. This honor is a tribute to everyone who works for the District. I cannot thank them enough for all they do—and do so well.

This spring, NDDH hosted a reception for Board members and town officials where we showcased the great public health work—and great workers—in northeast Connecticut. Over the course of the year you too may have seen us at work in salons, hotels, restaurants and fairs where we do inspections. You might have seen us at festivals or community events, senior centers, schools, colleges or soup kitchens where we provide education and outreach activities, health screenings and immunizations. Or, you might not have seen us at all because we are working behind the scenes tracking down infectious disease and health threats such as food-borne illness or Tuberculosis.

Over the past year, we promoted handwashing and safe food practices, tobacco avoidance, timely immunizations, physical activity (while avoiding ticks, mosquitoes and stray animals of course), radon testing, and adequate sleep and so much more, because we are in the business of prevention. We work to prevent falls and injuries; chronic conditions such as asthma, obesity, heart disease, diabetes; infectious disease, such as the flu. We work to spread a message of hope to all those struggling with addiction because we know recovery is possible. We do it all to make this a healthy community—healthy in terms of physical, mental, social and economic well-being. We do it to keep kids in school and the frail out of hospitals. We do it to prevent the challenging impact that illness takes on individuals—and on those who care for them. We do this so we can see you out and about enjoying the beauty of northeast Connecticut and the company of good neighbors.

We do this work in cooperation with officials from the state and towns in the district, service providers and volunteers. We are so grateful to everyone who supports the goals of public health. Thank you for all you do!

We are dedicated to working collaboratively to keep northeast CT happy, healthy and safe!

*Susan Starkey, MPH MS RD*

Susan Starkey, MPH, MS, RD  
Director of Health



**NORTHEAST DISTRICT DEPARTMENT OF HEALTH**  
**Public Health Activities for the Town of Putnam, July 1, 2017 – June 30, 2018**



<b>Environmental Services</b>	
<b>Subsurface Sewage Disposal</b>	
As-Built	18
B100	23
Plan Review, Commercial	0
Permit to Construct, Repair	6
Plan Review, New	14
Plan Review, Repair	6
Plan Review, Revised	5
Plan Review, Subdivision	1
Permit to Construct, Commercial	0
Permit to Construct, New	16
Sieve Analysis	7
Soil Test, New	16
Soil Test, Additional	18
Soil Test, Repair	6
Tank or Sewer Line	4
Water Treatment Permit	0
Property Document Search	75
<b>Potable Water</b>	
Well Permit	22
Well Cap	16
Other Water Services	23
<b>Food Service Sanitation</b>	
Restaurant Inspection	170
Restaurant Re-inspection	14
Restaurant Plan Review	9
Temporary Food Event	19
<b>Health Inspections</b>	
Campground	0
Daycare	1
Group Home	0
Hair Salon	15
Hotel/Motel	1
Medical	2
Nail Salon	5
Pool Inspection	3
<b>Complaints</b>	
Animal or Animal Waste	2
Bed Bugs	1
Food Service	14
Garbage	14
Heat/Water	4
Housing	3
Insects, Vermin (excluding Bed Bugs)	7
Lead Complaint	2
Mold	5
Odor	2
Other	1
Outdoor Wood Furnace/Smoke	0
Septic	2
<b>Health Services</b>	
High Blood Lead Level	7
Lead Poisoning- Home Services	3
Rabies Prevention Services	4
Number of Animals Tested Positive for Rabies	0
<b>Total Environmental Services</b>	<b>580</b>

<b>Reportable Communicable Disease (Calendar Year 2017)</b>	
Babesiosis	0
Campylobacteriosis	0
Chlamydia	28
Giardiasis	0
Gonorrhea	4
Group B Streptococcus	0
Hepatitis A	0
Hepatitis C	7
Influenza	61
Legionellosis	2
Lyme Disease	3
Salmonellosis	1
Shiga toxin producing organism	1
Streptococcus pneumoniae	0
<b>Total Reportable Communicable Disease</b>	<b>107</b>
<b>NDDH Oral Health Screening &amp; Education Program</b>	
Total Seen:	133
• Number with Caries	15
• Number with Other Dental Care Needs	12
<b>NDDH District-Wide Services</b>	
<ul style="list-style-type: none"> <li>• Community Health Education covering a broad range of topics that prevent illness, promote wellness and protect health</li> <li>• Qualified Food Operator &amp; Food Awareness Safety Training</li> <li>• Emergency Planning, Preparedness and Response</li> <li>• Flu Immunizations</li> </ul>	
<b>Grants (Federal, State &amp; Private Funds)</b>	
<ul style="list-style-type: none"> <li>• <b>CT Collaboration for Fall Prevention at Yale School of Medicine</b> to reduce falls and fall-related injuries among older adults by addressing the multi-factorial risk factors through outreach, education, personal empowerment and efforts to expand comprehensive health services</li> <li>• <b>CT Department of Public Health (DPH) Lead Poisoning Prevention &amp; Control Program</b> for lead poisoning surveillance, environmental investigation and case management</li> <li>• <b>CT DPH Per-Capita Allocation</b> for support of local and district departments of health</li> <li>• <b>CT DPH Preventive Health and Human Services Block Grant</b> for environmental and policy strategies to decrease chronic disease</li> <li>• <b>CT DPH Putting on AIRS</b> an In-Home Asthma Trigger Assessment Program to decrease asthma-related hospitalizations and emergency department visits</li> <li>• <b>Department of Emergency Management and Homeland Security Region 4</b> for the Northeast CT Medical Reserve Corps to build voluntary medical and ancillary care capacity</li> <li>• <b>U.S. Dept. of Health and Human Services and Centers for Disease Prevention &amp; Control (CDC)</b> Bioterrorism Grant for Public Health Emergency Preparedness and Response</li> </ul>	