



Northeast District Department of Health

69 South Main Street, Unit 4, Brooklyn, CT 06234
860-774-7350 / Fax 860-774-1308 www.nddh.org



Public Health
Prevent. Promote. Protect.

A MESSAGE FROM THE DIRECTOR OF HEALTH, Fiscal Year 2018



According to the CT Public Health Code, health departments must ensure the provision of Ten Essential Public Health Services. In Fiscal Year 2018, NDDH was recognized by the CT Department of Public Health for being among only 9% of health departments across the state to have delivered all ten services. This honor is a tribute to everyone who works for the District. I cannot thank them enough for all they do—and do so well.

This spring, NDDH hosted a reception for Board members and town officials where we showcased the great public health work—and great workers—in northeast Connecticut. Over the course of the year you too may have seen us at work in salons, hotels, restaurants and fairs where we do inspections. You might have seen us at festivals or community events, senior centers, schools, colleges or soup kitchens where we provide education and outreach activities, health screenings and immunizations. Or, you might not have seen us at all because we are working behind the scenes tracking down infectious disease and health threats such as food-borne illness or Tuberculosis.

Over the past year, we promoted handwashing and safe food practices, tobacco avoidance, timely immunizations, physical activity (while avoiding ticks, mosquitoes and stray animals of course), radon testing, and adequate sleep and so much more, because we are in the business of prevention. We work to prevent falls and injuries; chronic conditions such as asthma, obesity, heart disease, diabetes; infectious disease, such as the flu. We work to spread a message of hope to all those struggling with addiction because we know recovery is possible. We do it all to make this a healthy community—healthy in terms of physical, mental, social and economic well-being. We do it to keep kids in school and the frail out of hospitals. We do it to prevent the challenging impact that illness takes on individuals—and on those who care for them. We do this so we can see you out and about enjoying the beauty of northeast Connecticut and the company of good neighbors.

We do this work in cooperation with officials from the state and towns in the district, service providers and volunteers. We are so grateful to everyone who supports the goals of public health. Thank you for all you do!

We are dedicated to working collaboratively to keep northeast CT happy, healthy and safe!

Susan Starkey, MPH MS RD

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Director of Health



Environmental Services	
Subsurface Sewage Disposal	
As-Built	36
B100	32
Plan Review, Commercial	1
Plan Review, New	23
Plan Review, Repair	20
Plan Review, Revised	6
Tank or Sewer Line	10
Permit to Construct, Commercial	0
Permit to Construct, New	26
Permit to Construct, Repair	4
Sieve Analysis	5
Soil Test, Additional	0
Soil Test, Repair	19
Soil Test, New	17
Plan Review, Subdivision	0
Water Treatment Permit	0
Property Document Search	220
Potable Water	
Well Permit	28
Well Cap	25
Other Water Services	28
Food Service Sanitation	
Restaurant Inspection	192
Restaurant Re-inspection	9
Restaurant Plan Review	5
Temporary Food Event	31
Health Inspections	
Campground	2
Daycare	1
Group Home	3
Hair Salon	18
Hotel/Motel	2
Medical	0
Nail Salon	2
Pool Inspection	4
Complaints	
Animal or Animal Waste	5
Bed Bugs	7
Food Service	11
Garbage	5
Heat/Water	6
Housing	8
Insects, Vermin (excluding Bed Bugs)	14
Lead Complaint	0
Mold	7
Odor	3
Other	1
Outdoor Wood Furnace/Smoke	0
Septic	9
Health Services	
High Blood Lead Level	5
Lead Poisoning- Home Services	0
Rabies Prevention Services	11
Number of Animals Tested Positive for Rabies	0
Total Environmental Services	861

Reportable Communicable Disease (Calendar Year 2017)	
Babesiosis	4
Campylobacteriosis	4
Chlamydia	49
Giardiasis	1
Gonorrhea	7
Group A/B Streptococcus	4
Haemophilus influenzae	2
Hepatitis C	11
Influenza	103
Legionellosis	6
Lyme Disease	5
Salmonellosis	8
Shiga toxin producing organism	0
Streptococcus pneumoniae	6
Vibrio sp.	0
Total Reportable Communicable Disease	210
NDDH Oral Health Screening & Education Program	
Total Seen:	531
• Number with Caries	64
• Number with Other Dental Care Needs	70
NDDH District-Wide Services	
<ul style="list-style-type: none"> • Community Health Education covering a broad range of topics that prevent illness, promote wellness and protect health • Qualified Food Operator & Food Awareness Safety Training • Emergency Planning, Preparedness and Response • Flu Immunizations 	
Grants (Federal, State & Private Funds)	
<ul style="list-style-type: none"> • CT Collaboration for Fall Prevention at Yale School of Medicine to reduce falls and fall-related injuries among older adults by addressing the multi-factorial risk factors through outreach, education, personal empowerment and efforts to expand comprehensive health services • CT Department of Public Health (DPH) Lead Poisoning Prevention & Control Program for lead poisoning surveillance, environmental investigation and case management • CT DPH Per-Capita Allocation for support of local and district departments of health • CT DPH Preventive Health and Human Services Block Grant for environmental and policy strategies to decrease chronic disease • CT DPH Putting on AIRS an In-Home Asthma Trigger Assessment Program to decrease asthma-related hospitalizations and emergency department visits • Department of Emergency Management and Homeland Security Region 4 for the Northeast CT Medical Reserve Corps to build voluntary medical and ancillary care capacity • U.S. Dept. of Health and Human Services and Centers for Disease Prevention & Control (CDC) Bioterrorism Grant for Public Health Emergency Preparedness and Response 	