



## **Information on using boiled water or bottled water**

### **Drinking Water**

- Use bottled water or boil water for a minimum of 1 minute (timing starts after water comes to a rolling boil).

### **Food Preparation**

- Wash ready-to-eat foods such as fruits and vegetables with bottled water or with water that has been boiled for at least one minute.

### **Washing Dishes**

- Wash and rinse dishes with boiled or bottled water and dish soap.
- You can use a dishwasher, as long as the temperature reaches at least 160 degrees.

### **Bathing/Showering**

- Adults may continue to shower taking care to not swallow water.
- Sponge baths (using a clean water supply) are recommended for children instead of tub baths.
- After you bathe or shower, wash your hands in chlorinated or bottled water or water that has been boiled for a least one minute then cooled.

### **Brushing Teeth**

Use bottled water or water that has been boiled for at least one minute and then cooled.

Information provided by the Environmental Protection Agency

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