

Do you have a child with **ASTHMA?**



Your home may hold solutions that may have
everyone breathing easier!



Ask about the



PUTTING ON AIRS PROGRAM

It's a **FREE** program sponsored by three participating public health districts to help you better manage your child's asthma. A health professional and an environmental health specialist will conduct a free inspection of your home to identify environmental asthma triggers and assist you in creating a plan that will help your child to breathe easier.

Free educational materials & training

Free allergy-reducing mattress covers & pillowcases ☺ Free spacers

Find your town under these **Asthma Public Health Partners** and call today!

**Northeast District
Department of Health
(NDDH)
860-774-7350**

Brooklyn Pomfret
Canterbury Putnam
Eastford Sterling
Hampton Thompson
Killingly Union
Plainfield Woodstock

**Eastern Highlands
Health District
(EHHD)
860-429-3325**

Andover Coventry
Ashford Mansfield
Bolton Scotland
Chaplin Tolland
Columbia Willington

**North Central District
Health Department
(NCDHD)
860-465-3033**

Ellington
Stafford
Vernon
Windham/Willimantic
Somers residents may
also call NCDHD

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