

HEALTHQUEST

NORTHEAST CONNECTICUT

ACHIEVING HEALTHIER COMMUNITIES TOGETHER!



HealthQuest Northeast Connecticut

is a regional collaborative health and wellness partnership working to improve the health of our communities through policy change. Our focus is on reducing obesity-related chronic diseases by increasing physical activity and improving access to better nutrition in our schools, worksites, communities and homes.

HealthQuest Northeast CT is a national ACHIEVE community and a collaborative partnership of:

The Northeast District Department of Health, Day Kimball Healthcare,
Generations Family Health Center, Northeastern Connecticut Chamber of Commerce,
Plainfield Public Schools, Plainfield Recreation Department,
Quinebaug Valley Community College, Representative Mae Flexer, Senator Donald Williams,
Steven Townsend, Thompson Ecumenical Empowerment Group,
Town of Putnam Community Development and WINY Radio
HealthQuest/ACHIEVE Coach: Linda J. Colangelo

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For info: Call NDDH at 860-774-7350 / www.nddh.org

Facebook: [HealthQuest Northeast CT](#)